

**PATIENT INFORMATION**

Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Best Phone # to be reached (\_\_\_\_\_) \_\_\_\_\_ 2nd (\_\_\_\_\_) \_\_\_\_\_

E-mail address \_\_\_\_\_

Marital Status S M D W LW Significant Other Name of Spouse \_\_\_\_\_

Names and Ages of Children \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Emergency contact (name-Relationship) \_\_\_\_\_ (Where they could be reached) \_\_\_\_\_

**Whom may we thank for referring you to our office?** \_\_\_\_\_

√ were you referred by \_\_\_ Insurance Co. \_\_\_ Our Website \_\_\_ By our Location \_\_\_ Found us in the Phone book \_\_\_ Other  
Insurance Co. \_\_\_\_\_ Policy # \_\_\_\_\_ Policy Holder \_\_\_\_\_

What type of treatment are you seeking? **Circle** all that apply: *Chiropractic Care, Traditional Adjustments, Pediatric Care  
Activator/Arthrostim Instrument Adjustments, Webster Technique for Pregnancy, Cranial Sacral, ART, SASTM, Graston,  
KinesioTaping, Gait Analysis, Injury care, Sports/Performance Care, Training For an Event/Race, Wellness Care*

What concern/complaints bring you to the office? \_\_\_\_\_

Date this problem began? \_\_\_\_\_ and was it \_\_\_ Sudden \_\_\_ Gradual \_\_\_ Progressive over time (Please √)

Do you know how It started or what brought it on? \_\_\_\_\_

Where is the pain or problem exactly? \_\_\_\_\_

√ Type of Pain/Symptoms \_\_\_ Dull \_\_\_ Ache \_\_\_ Sharp \_\_\_ Burning \_\_\_ Stabbing \_\_\_ Throbbing \_\_\_ Cramping \_\_\_ Swelling \_\_\_ Numbness  
\_\_\_ Tingling \_\_\_ Pins/Needles \_\_\_ Other \_\_\_\_\_ (Please Describe)

√ Does the pain or symptoms radiate into your \_\_\_ Arms (L / R / Both) \_\_\_ Legs (L / R / Both) \_\_\_ Does not radiate (L / R / Both)

√ Is the pain or problem \_\_\_ Constant \_\_\_ Frequent \_\_\_ Occasional \_\_\_ Intermittent \_\_\_ Rarely

How would you rate your problem on a scale of 1-10 (10 is the WORST) \_\_\_ Currently \_\_\_ at your best \_\_\_ at your worst

What makes your symptoms/condition worse? \_\_\_\_\_

What relieves your symptoms/condition ? \_\_\_\_\_

√ Do your symptoms interfere with \_\_\_ Work \_\_\_ Sleep \_\_\_ Day to Day Activity \_\_\_ Recreation \_\_\_ Home/Family Life

What have you done to make your condition better (Medications, OTC, Hot, Cold, Rest, stretching, massage) \_\_\_\_\_

Have you seen any other Heathcare Provders for this condition? \_\_\_\_\_

Did they prescribe any medications specifically for this condition? \_\_\_\_\_

**HEALTH HISTORY**

Who is your Internal Medicine Doctor or MD you see most regularly? \_\_\_\_\_ Last seen \_\_\_\_\_

Are you being treated for any health conditions by any Doctors currently ? \_\_\_\_\_

Do you take any Prescription medications for other conditions No / Yes Which ones \_\_\_\_\_

Please list all Supplements (vitamins/herbal supplements/homeopathics/others) you are taking: \_\_\_\_\_

**Would you be interested in recommendations for nutritional supplements to help your current condition or other health issues? Yes / No**

Have you had any problems in the **past or presently** with any of the following parts of the body or these conditions? Please  $\checkmark$

- |  |                                     |  |   |  |   |                                  |
|--|-------------------------------------|--|---|--|---|----------------------------------|
| <input type="checkbox"/> Heart               | <input type="checkbox"/> Lungs      | <input type="checkbox"/> Thyroid             | <input type="checkbox"/> Kidneys          | <input type="checkbox"/> Liver   | <input type="checkbox"/> Pancreas             | <input type="checkbox"/> Stomach |
| <input type="checkbox"/> Esophagus           | <input type="checkbox"/> Intestines | <input type="checkbox"/> Bladder             | <input type="checkbox"/> Ovaries          | <input type="checkbox"/> Sex Organs  | <input type="checkbox"/> Sinuses              | <input type="checkbox"/> Throat  |
| <input type="checkbox"/> Gall Bladder        | <input type="checkbox"/> Eye        | <input type="checkbox"/> Ears                | <input type="checkbox"/> Nose             | <input type="checkbox"/> Blood Disorders (i.e. Anemia, Clotting disorders) |   |                                  |
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Influenza  | <input type="checkbox"/> Fibromyalgia        | <input type="checkbox"/> MS               | <input type="checkbox"/> Osteoporosis/penia                                | <input type="checkbox"/> Rheumatoid Arthritis |                                  |
| <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Stroke     | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Atherosclerosis  | <input type="checkbox"/> Paralysis   |   |                                  |
| <input type="checkbox"/> Cancer              | <input type="checkbox"/> Asthma     | <input type="checkbox"/> COPD/Emphysema      | <input type="checkbox"/> Sinus Infections | <input type="checkbox"/> Allergies   |   |                                  |
| <input type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> OCD        | <input type="checkbox"/> Depression          | <input type="checkbox"/> Anxiety          | <input type="checkbox"/> Diverticulitis/osis                               |   |                                  |
| <input type="checkbox"/> Colitis             | <input type="checkbox"/> Ulcers     | <input type="checkbox"/> Reflux              | <input type="checkbox"/> Crohn's          | <input type="checkbox"/> Hypo/Hyperthyroid                                 |   |                                  |
| <input type="checkbox"/> Seizures            | <input type="checkbox"/> Dizziness  | <input type="checkbox"/> Ringing in ears     | <input type="checkbox"/> Diarrhea         | <input type="checkbox"/> Constipation                                      |   |                                  |

**Please list all past Surgeries:**

Type _____	When _____	Doctor/Hospital _____
Type _____	When _____	Doctor/Hospital _____
Type _____	When _____	Doctor/Hospital _____
Type _____	When _____	Doctor/Hospital _____

**Please list all previous broken bones / accidents / falls/ injuries/ hospitalizations:**

What _____	When _____	Injuries _____
What _____	When _____	Injuries _____
What _____	When _____	Injuries _____
What _____	When _____	Injuries _____

**Current Health Behaviors:**

Do you smoke/use tobacco? Yes / No How much? \_\_\_\_\_

Alcohol/Drug use Yes/ No Please explain (Casual, Social, regularly) \_\_\_\_\_

Do you exercise? Yes/ No What /How often? \_\_\_\_\_

On a scale of 0-10 describe your stress level (0=none / 10=extreme): Occupational \_\_\_\_\_ Personal \_\_\_\_\_

On a scale of Poor-Good-Excellent describe your : Diet \_\_\_\_\_ Exercise \_\_\_\_\_ Sleep \_\_\_\_\_ Physical Health \_\_\_\_\_

Emotional/Mental Health \_\_\_\_\_ Quality of Life \_\_\_\_\_

**Family History:**

	<u>Diabetes</u>	<u>Cancer</u>	<u>Heart Disease</u>	<u>Stroke</u>	Description
Father-living Yes/No	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Mother-living Yes/No	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Brother(s) # of ____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Sister(s) # of ____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Adoption History of ____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

**For Women:**

Are you pregnant? Yes No Date of last menstrual period: \_\_\_\_\_

If x-rays are recommended, your signature is required (below) to indicate that you are not pregnant.

Signature and Date: \_\_\_\_\_

If pregnant, what is due date? \_\_\_\_\_ Name of OB/GYN or Midwife \_\_\_\_\_

Where will you be birthing your baby?  Hospital  Home  Birthing Center  Other \_\_\_\_\_

**Chiropractic / Other Healthcare Providers:**

Previous Chiropractic care? Yes / N With whom \_\_\_\_\_  
How long under care? \_\_\_\_\_ Date of last visit: \_\_\_\_\_ Why did you stop? \_\_\_\_\_  
Was there a particular health concern for which you consulted the chiropractor? \_\_\_\_\_  
Have you consulted or do you regularly consult any of the following providers? (please √ all that apply) \_\_\_ Naturopath \_\_\_ Acupuncturist  
\_\_\_ Homeopath \_\_\_ Massage Therapist \_\_\_ Psychotherapist \_\_\_ Energy Healer \_\_\_ Other \_\_\_\_\_  
Who and Why \_\_\_\_\_

**Wellness Objectives**

At Bedford Hills Family Chiropractic, we are dedicated toward achieving the goal of total lasting health for all of our patients. To better understand your individual health objectives, please check all that apply that are the closest to your personal health goals:

- Symptom/Temporary Relief  Restore Health  Maximum Correction  Wellness & Prevention  Improved Performance

What are your expectations? As a result of my Chiropractic Care, I would like to: (Check all that apply)

- Feel better quickly  Have a healthier nerve system  Have a healthier spine  Have optimum health on all levels

**Financial Information**

Payment in full is expected on all FIRST VISIT services. All other fees are to be paid at time of service unless other arrangements have been made and agreed upon in writing.

**Please read the following and sign below.**

*I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that the Doctor's office will prepare my necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to the Doctor's Office will be credited to my account on receipt. However, I clearly understand and agree that all services rendered me are charged directly to me and I am personally responsible for payment. I also understand that if I suspend or terminate my treatment, any fees for professional services rendered me will be immediately due and payable.*

*I hereby authorize the Doctor to examine and treat my condition as he deems appropriate through the use of Chiropractic Health Care, and I give authority for these procedures to be performed. It is understood and agreed the amount paid the Doctor for x-rays is for examination only and the x-ray negatives will remain the property of the office, being on file where they may be seen at any time while I am an active patient in this office. The patient also agrees that he/she is responsible for all bills incurred at this office. The patient also agrees that he/she is responsible for all bills incurred at this office. The Doctor will not be held responsible for any pre-existing medically diagnosed conditions not for any medical diagnosis. Patient may obtain copies of their file upon request. Copying fees may apply.*

The information I have provided, on this case history form, is true and accurate, to the best of my knowledge. I give Dr. Stuart Weitzman permission to render care to me today. This initial visit includes a health history/consultation, chiropractic exam/evaluation, and any initial care that is determined to be clinically necessary and mutually agreed upon.

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_  
Signature of Parent (for minor): \_\_\_\_\_ Today's Date \_\_\_\_\_

**Thank you for choosing Dr. Stuart Weitzman of Bedford Hills Family Chiropractic.  
We look forward to helping you achieve your health and wellness goals so you can express your life to the fullest.**

**HIPPA Awareness Form**

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. IF you would like a detailed copy of our Notice of Privacy Practices, we will gladly provide it to you upon request.

By signing this you understand and agree that your Personal health information (PHI) will be used in the following ways:

For Treatment: We may use and disclose your PHI to any healthcare provider to assist them in treating you.

For Payment: We may use and disclose your PHI for payment purposes.

Correspondence: We may call your home or other designated location and leave a message on voice mail or in person in reference to any items that assist the practice in carrying out typical practice operations (TPO). We may mail to your home or other designated location any items that assist the practice in carrying out typical practice operations TPO, as long as they are marked personal and confidential. We may also, email you at home or other designated location any items that assist the practice in carrying out TPO. Items that may assist the practice include but not limited to: appointment reminder cards and patient statements.

You have a right to:

- Look at or get a copy of your health information. You must make your request in writing.
- Receive a list of all the times we or our business associates shared your medical information for purposes other than treatment, payment, and health care operations and other specified exceptions.
- Request additional restrictions on our use disclosure of your medical information. We are not required to agree to theses additional restrictions, but if we do so, we will abide by our agreement (except in case of emergency).
- Request that we communicate with you by different means or to different locations. Your request must be made in writing to our privacy officer.
- Request that we change your medical information. We may deny your request if we did not create the information you want changed or for certain other reasons.

**Acknowledgement Form**

I have reviewed the above information and have been given the opportunity to read the detailed Notice of Privacy Practices if I requested to do so.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Patient or Legal Guardian (if a minor)**

**Authorization to Pay Doctor**

I hereby authorize the \_\_\_\_\_ (Insurance Company) to pay by check made out and mailed directly to:

**Bedford Hills Family Chiropractic, PC**  
**Stuart Weitzman, D.C.**  
**35a Adams Street**  
**Bedford Hills, NY 10507**

The expense benefits allowable, and otherwise payable to me under my current insurance policy, as payment toward the total charges for professional services rendered. This payment shall not exceed my indebtedness to above named assignee and I have agreed to pay, in a current manner, any balance of said professional services charges over and above this insurance payment.

Patient Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/ Zip \_\_\_\_\_

Signature & Date \_\_\_\_\_